

Life Skills 4th Period

Mr. Olguin

Week 3/17/20- 3/20/20

3/17

- In complete sentences read and answer. 4-5 sentence at least
exercise 5 (setting priorities)

3/18

- In complete sentences read and answer. 4-5 sentence at least
exercise 6 (Reaching Goals)

3/19

In complete sentences read and answer. 4-5 sentence at least
exercise 7 (managing time)

3/20

- In complete sentences read and answer. 4-5 sentence at least
exercise 9 (identifying friends)

Week 3/23/20- 3/27/20

3/23

- In complete sentences read and answer. 4-5 sentence at least
exercise 10 (resisting peer pressure)

3/24

- In complete sentences read and answer. 4-5 sentences at least
exercise 14 (rating yourself)

3/25

Exercise 5 Analysis**Setting Priorities**

Name _____ Date _____

Read the information below. Then fill in the chart to help Evan set his priorities. Help him put his goals in order from most important to least.

Evan has so much going on in his life that he can't sort it all out. For example:

- He likes to play the piano and wants to take lessons so he can play better.
- He has a good chance of getting a scholarship at the local community college. However, Evan is having trouble with his grade in social studies. To get the scholarship, he must bring his social studies grade up to at least a B.
- A new girl sits next to him in homeroom, and he would like to get to know her better.
- Evan wants to get a job so he can buy a used car some day.

1.

Priority	Goal
1	
2	
3	
4	

2. Compare charts with a partner. Discuss the way that you and your partner ordered Evan's goals. Were they the same? Why or why not?

Exercise 6 Evaluation

Reaching Goals

Name _____ Date _____

Carmen is determined to get a part in the school play. Read the paragraphs below and help Carmen figure out what else she could do to reach her goal.

Carmen has read the whole play several times. She has also chosen the character she would like to play.

Every evening, Carmen spends an hour in her room reading her character's lines in the play. She knows that her soft voice might keep her from getting the part, so she is practicing speaking loudly. She has carefully marked the date of the tryouts on her calendar. However, Carmen knows several other people will be trying out for the same part. She's still worried she might not get the part.

Read over the steps in reaching a goal. Then explain which step or steps Carmen has overlooked. What else could she have done to increase her chances of reaching her goal?

Step 1: Write down Carmen's goal.

Step 2: List steps to reach the goal.

Step 3: Set up a timeline.

Step 4: Identify any obstacles.

Step 5: Identify sources of help.

Step 6: Check your progress.

Exercise 7 Analysis Managing Time

Name _____ Date _____

Answer the questions below.

1. With a partner, read these quotations about time. Circle the quotation that you both like best.

- It takes time to save time. *Joe Taylor*
- Every minute starts an hour. *Paul Gondola*
- One of these days is none of these days. *English proverb*
- What may be done at any time will be done at no time. *Scottish proverb*
- You will never "find" time for anything. If you want time, you must make it. *Charles Buxton*

2. Answer the questions below using the quotation you circled.

a. What do you think the quotation means?

b. Why do you like this quotation?

c. How might this quotation help people manage their time?

Exercise 9 Evaluation Identifying Friends

Name _____ Date _____

Read the situation below. As you read, think about whether Stephan is a good friend for Albie or for Marguerite.

Stephan, Marguerite, and Albie were talking in the school hallway one afternoon. "Albie, you're usually a lot more fun," Stephan said. "If you were really my friend, you'd come to my party tonight."

Albie shrugged his shoulders. "I don't enjoy parties like that, so I'm not going." "Well, I'm counting on you to show up, Albie. You, too, Marguerite." With that, Stephan walked away.

"Why don't you like Stephan's parties, Albie?" Marguerite asked.

"Well, for one thing, Stephan told me his parents aren't going to be home. I bet they don't even know he's having a party," Albie said. "The last time Stephan had a party, his neighbors called the police. I don't want to be there when that happens."

"I've never been to one of Stephan's parties," Marguerite said, "but I think I should go. I'll tell you all about it on Monday."

Answer the following questions.

- 1. Is Stephan a good friend for Albie? Why or why not?

- 2. Is Stephan a good friend for Marguerite? Why or why not?

- 3. Are Albie and Marguerite good friends for Stephan? Why or why not?

Exercise 10 Analysis

Resisting Peer Pressure

Name _____ Date _____

Ian, Kun-Pei, and Kevin all go to East High School. Read their descriptions below. Then work with a partner to answer the questions.

Ian Ian is new at school this year. He spends most of his time after school watching MTV. He always tries to dress and act the same way the people do on the MTV shows.

Kun-Pei Kun-Pei has three good friends, and they like art as much as she does. They are taking a painting class together. Every month, the four of them go to the museum downtown to see the new exhibits.

Kevin Kevin is on the basketball team and works part-time. He hopes to get a basketball scholarship so he can go to the community college. He's also saving what he earns from his job to pay for tuition and books. He won't let anything get in the way of winning that scholarship and going to college.

Nose rings are a new fad at East High. Discuss the following questions with your partner. Write what you decide. Explain your decision.

1. Do you think Ian would get a nose ring? Why or why not?

2. Do you think Kun-Pei would get a nose ring? Why or why not?

3. Do you think Kevin would get a nose ring? Why or why not?

Exercise 14 Analysis**Rating Yourself**

Name _____ Date _____

To find out what kind of listener you are, fill in the chart below. First, read each good listening skill. Then place a check in the column that tells how often you use that skill.

Good Listening Skills	Often	Sometimes	Never
I pay attention to the person speaking and don't look around the room.			
I let the person talk and don't interrupt.			
I ask questions about what the person is saying.			
I listen for what the person is feeling.			
I summarize what the person said in my own words.			

Now look over your completed chart and set a listening goal.

- a. Which good listening skill will you try to use more often? Why?

- b. How will you remember to use this skill more often?

- c. Why is it important to use this skill?

Exercise 16 Application **Putting Skills to Work**

Name _____ Date _____

Rose needs a good listener. Read what she has to say below. Explain what you would do and say to be a good listener.

Rose tells you, "I cheated on a science test at school. I know it was wrong."

1. Write what you would do to show you are listening.

2. Write some things you might say to show you are listening.

3. Now write something you would *not* say to Rose. Then explain why you would not say it.

Exercise 17 Application Recognizing Other Points of View

Name _____ Date _____

Read each point of view below. Then think of the other person's point of view in the same situation. Explain your answer to a partner and see if your answers are the same.

1. Ingrid thinks that Liam is being bossy. He wants to do their science report on crystals, and he won't even listen to her ideas.

a. Write Liam's possible point of view. _____

b. Write Ingrid's possible point of view. _____

2. Ahmad thinks Raina is being disrespectful. She was supposed to meet him at the movie theater at 8:00 P.M. It's already 8:15, and she's nowhere in sight.

a. Write Raina's possible point of view. _____

b. Write Ahmad's possible point of view. _____

3. Jordan thinks that anyone who chooses to live in a noisy, crowded city must be crazy.

Write another possible point of view.

Exercise 19 Analysis Recognizing Respect in Others

Name _____ Date _____

Chandra, Hannah, and Amy are trying to decide which movie to see. Read their conversation below. Then work with a group to discuss and answer the questions.

“Anything you want to see is okay with me,” Chandra told her friends.

“But you kept yawning in that action movie we saw last week,” Hannah pointed out. “You don’t want to see another action movie, do you?”

Chandra shrugged her shoulders. “I don’t care.”

“Well, I know what I want to see.” Amy pointed to an ad in the newspaper.

“This is the best movie out now. It has my favorite actors and lots of action.” She checked her watch. “It starts in half an hour, so let’s get moving. I don’t want to miss any of it.”

1. Does Hannah respect Chandra? How can you tell?

2. Does Amy respect Chandra? How can you tell?

Does Chandra respect herself? How can you tell?

Whom does Amy respect? How can you tell? How could she be more respectful?

